

<b>Report to:</b>	Overview and Scrutiny Committee (Children's Services and Safeguarding)  Cabinet	<b>Date of Meeting:</b>	5 December 2017  11 January 2018
<b>Subject:</b>	Children and Adolescent Mental Health Working Group - Final Report		
<b>Report of:</b>	Head of Regulation and Compliance	<b>Wards Affected:</b>	(All Wards);
<b>Portfolio:</b>	Cabinet Member for Children's Services and Safeguarding		
<b>Is this a Key Decision:</b>	Yes	<b>Included in Forward Plan:</b>	Yes
<b>Exempt / Confidential Report:</b>	No		

### Summary:

To formally present the final report of the Children and Adolescent Mental Health Working Group.

### Recommendation(s):

The Overview and Scrutiny Committee (Children's Services and Safeguarding) be requested to commend the report and recommendations to the Cabinet for approval.

The Cabinet be requested to approve the following recommendations:-

- (1) That the Clinical Commissioning Group for both Southport and Formby and South Sefton be requested to issue a statement to Alder Hey expressing concerns regarding all waiting times within the referral into CAMHS process and notifying them that unless improvements are made within a reasonable timescale (6 months) then notice will be given to terminate the contract;
- (2) That the Head of Schools and Families in consultation with the Head of Children's Social Care be requested to investigate with all sectors of schools and colleges the feasibility of providing Emotional Health and well-being training to nominated staff working in Sefton's Schools;
- (3) That the Head of Schools and Families in consultation with the Head of Children's Social Care be requested to work with the Head Teachers Associations to investigate establishing an Emotional health and well-being mentoring scheme;

- (4) That the Head of Children's Social Care in consultation with Sefton CVS, be requested to provide a comprehensive list of all voluntary and charity groups that work with emotional health and wellbeing, publishing the list on the website, the Councils website and disseminating the information to all Schools throughout the Borough, signposting individuals to all the groups available;
- (5) That MerseyCare be requested to investigate setting up a transitional arrangement in the Borough for outreach facilities for CAMHS ages 16 – 19 years (25 years for Looked After Children);
- (6) That the Head of Schools and Families in consultation with the Head of Children's Social Care be requested to work with the Head Teachers Associations to consider incorporating Emotional Health and well-being into the Personal and Social Education Curriculum.
- (7) That the Head of Regulation and Compliance be requested to approach Alder House with a view to extending an invitation to all Members of the Overview and Scrutiny Committee (Children's Services and Safeguarding) to attend a site visit to Alder House;
- (8) That the Director of Social Care and Health in consultation with the Head of Children's Social Care be requested to work in collaboration with the Clinical Commissioning Group for both Southport and Formby and South Sefton, be requested to identify and release funds to Emotional Health and well – being specifically Tier 1 and Tier 2 to invest in Early Intervention and Prevention;
- (9) That the Chief Officer for both South Sefton and Southport and Formby Clinical Commissioning Groups be requested to notify the Head of Regulation and Compliance of the re-aligned budget allocation for Children and Adolescent Mental Health Services in Sefton as a result of Recommendation (8) above;
- (10) That the Chief Officer for both South Sefton and Southport and Formby Clinical Commissioning Groups be invited to a future Meeting of the Overview and Scrutiny Committee (Children's Services and Safeguarding) to present its budget allocation for Children and Adolescent Mental Health Services in Sefton;
- (11) That the Head of Schools and Families in consultation with the Head of Children's Social Care be requested to provide an annual update in relation to the implementation of recommendations to the Overview and Scrutiny Committee (Children's Services and Safeguarding); and
- (12) That the Cabinet be requested to refer the Children and Adolescent Mental Health Services Final Report to the Health and Wellbeing Board for information and comment.

**Reasons for the Recommendation(s):**

The Working Group has made a number of recommendations that require approval by the Cabinet.

**Alternative Options Considered and Rejected:** (including any Risk Implications)

No alternative options were considered. The Overview and Scrutiny Committee (Children’s Services and Safeguarding) established a Working Group to review the Children and Adolescent Mental Health Service in Sefton and the Working Group has performed this task.

**What will it cost and how will it be financed?**

**(A) Revenue Costs**

There are no additional costs to the Council as a result of this report. The Children’s Integrated Commissioning Group (chaired by the Head of Children’s Social Care) which includes representation from the two CCGs in Sefton, will look at mapping future commissioning requirements for CAMHS Early Help, and this will include associated funding availability.

**(B) Capital Costs**

N/A

**Implications of the Proposals:**

<p><b>Resource Implications (Financial, IT, Staffing and Assets):</b></p> <p>The majority of recommendations are in relation to collaborative working and would require Officer capacity to address. The financial funding requested had been allocated by Government to Clinical Commissioning Groups to be spent on CAMHS, Working Groups Members are seeking assurances that the money allocated in this area is spent on CAMHS.</p>
<p><b>Legal Implications:</b></p>
<p><b>Equality Implications:</b></p> <p>The recommendations within the report seek to improve equality of services throughout the Borough</p>

## Contribution to the Council's Core Purpose:

Protect the most vulnerable: The recommendations within the report aim to protect the most vulnerable individuals within Sefton.
Facilitate confident and resilient communities: Signposting of Services as detailed in the recommendations within this report should help to facilitate confident and resilient communities.
Commission, broker and provide core services: The research undertaken by the Working Group and detailed in the report challenges the commissioning arrangements that are currently in place.
Place – leadership and influencer: N/A
Drivers of change and reform: Early Intervention and Prevention strategies are invest to save mechanisms that could lead to less individuals accessing the service.
Facilitate sustainable economic prosperity
Greater income for social investment:
Cleaner Greener: N/A

## What consultations have taken place on the proposals and when?

### (A) Internal Consultations

The Head of Corporate Resources (FD 4956/17.....) and Head of Regulation and Compliance (LD.4241/17....) have been consulted and any comments have been incorporated into the report.

### (B) External Consultations

### Implementation Date for the Decision

Following the expiry of the “call-in” period for the Minutes of the Cabinet Meeting

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### Appendices:

The Final Report of the Children and Adolescent Mental Health Working Group is attached to this report.

### Background Papers:

There are no background papers available for inspection.

## **1. Introduction/Background**

1.1 At its meeting held on 12 July 2016 the Overview and Scrutiny Committee (Children's Services and Safeguarding) established a Working Group to review the Children and Adolescent Mental Health Services (CAMHS) across Sefton.

1.2 The Terms of Reference for the Working Group were as follows

- Clarify the regulatory and policy framework for commissioned CAMHS service.
- Clarify the extent of the provision of these services and ascertain the availability for Children and Young people in Sefton in terms of capacity, referrals and quantitative service data.
- Clarify the process by which referrals are expected to be made who can make a referral and how, received and the process for how the referrer is communicated with and what is communicated.
- Clarify criteria by which a referral is screened at first point of contact. This in particular to understand how risk is assessed and managed in early stage of referral to point of treatment.
- To understand the plans put in place for discharge.
- Understand the route back to support.
- Collect the experiences of Children and Young People and in particular explore the experience for Children and Young People with additional needs.
- Ascertain the beneficial outcomes that could be attributed as a result of access to commissioned CAMH services.
- Review the provision of CAMHS against the emerging Children and Young People Emotional Health and Wellbeing Strategy.
- Report to Cabinet on its findings.

1.3 The Final report is attached for consideration and has been agreed by the following Members of the Working Group; Councillors Hands (Lead Member), Bennett, Keith, Spencer and Webster and Advisory Group Member Miss Libby Kitt (Healthwatch).

1.4 The Overview and Scrutiny Committee (Children's Services and Safeguarding) is requested to commend the report and its recommendations to the Cabinet for approval.